

CERTIFICATE OF PARTICIPATION

This is to certify that

**Jan Hendrik
Groenewald**

Has successfully participated & completed the

7km Women Rock - Trail Run presented by Navworld

held at Ingaadi Spa.

TIME 01:02:59

PACE 08:58/km

OVERALL 60 of 204

GENDER 15 of 43

OPEN 6 of 21

28 August 2016, Sun

Date



BoutTime

Signature

